



Dranesville Happenings

September 2015

Announcements and Upcoming Activities in and Around the Dranesville District



John Foust
Dranesville District Supervisor

Contact us at:

Dranesville District Supervisor
McLean Governmental Center
1437 Balls Hill Road
McLean, VA 22101)

Phone: 703-356-0551

Fax: 703-821-4275

Email: Dranesville@FairfaxCounty.gov

In This Issue

EVENTS

Dranesville District Office Moves Back to McLean Governmental Center

September 1: Great Falls Senior Center Welcomes Kenneth Garrett, International Photographer

September 5 Entry Deadline: "For Love of Country" Essay and Poetry Contest

September 9 and 12: FCPS Budget Task Force Public Meetings

September 10: VDOT Public Information Meeting on Planned Maintenance of 5 Bridges Over Dulles
Toll Road

September 12 through 25: Senior Olympics -- Something for Everyone

September 14: "Tech Translation" Team Coaching Great Falls Seniors on Technology

September 15: Virginia Pesticide Disposal Program Collection Event

September 16, October 7: Virtual Career Fairs for Job Seekers with Disabilities

September 18, 19, 20: AAUW Used Book Sale

September 23: MCA Panel Discussion for National Preparedness Month

September 24: VDOT Holding Public Information Meeting on Project to Widen Route 7 Between Jarrett Valley Drive and Reston Avenue

September 27: Falls Church-McLean Children's Center's 3rd Annual Fun Fair and Teddy Bear 5K & 1K Walk/Run

September 27: NatureFest at Runnymede Park

October 3 and 4: Book Sale to Benefit the Tysons-Pimmit Regional Library

October 13: Future Innovation Center Station (North) Informational Meeting

ANNOUNCEMENTS

Free Student Bus Pass Pilot Program Available to Fairfax County High School and Middle School Students

HVN Drivers Needed and Board Meeting on September 14

Online Survey of Aircraft Noise in McLean Conducted by McLean Citizens Association

Community Emergency Response Team Courses Offered for Fall 2015

Citizen's Police Academy Announces Dates for Spring and Fall 2016

Help Make a Difference for Those Who Need it Most!

Citizens Fire & Rescue Academy

Express Lanes Community Grant Program

Volunteers Needed at Division of Adult and Aging Services

Quick Links

[Dranesville District Website](#)

[Fairfax County Website](#)

[Newsletter Archives](#)

EVENTS

Dranesville District Office Moves Back to McLean Governmental Center

Effective August 10, the Dranesville District office was relocated back to its permanent location at the McLean Governmental Center, 1437 Balls Hill Road in McLean. (Phone and fax numbers are unchanged.) The Balls Hill building has been renovated and expanded to meet the future needs of the McLean District Police Station.

A renovated large community room is now available for public use, with a dividing wall. Residents may reserve half of the room or, for larger groups, both rooms can be opened up. To reserve the community room and to view the rules for community

room reservations and use, please visit fairfaxcounty.gov/dranesville/communityroom.htm or email Patti Dinkelmeyer at Patti.Dinkelmeyer@FairfaxCounty.gov.

September 1: Great Falls Senior Center Welcomes Kenneth Garrett, International Photographer

The Great Falls Senior Center's September event will feature international photographer, Kenneth Garrett, presenting "Journey Through Hallowed Ground; Birthplace of the American Ideal". Mr. Garrett's photography reflects his creativity in covering major archaeological sites of the Mayas, Aztecs, Olmecs and ancient Egyptians and the important discoveries in the evolutionary history of humanity.

Event details:

Tuesday, September 1
11:00 a.m. to 1:30 p.m.
St. Catherine of Siena Catholic Church
1020 Springvale Road
Great Falls
Lunch is included.

This event is sponsored by Loza Dentistry in Great Falls. Reservations are a must. To make a reservation, please email Polly Fitzgerald at pollyfitz1@verizon.net or call 703-759-4345. For more information call Diane Drewry at 703-759-5829 or Marietna (Mimi) Mascolo at 703-404-0124.

September 5 Entry Deadline: "For Love of Country" Essay and Poetry Contest *Win up to \$100*

Rising 7th, 8th and 9th grade students may enter the Fairfax County Public Library's "For Love of Country: In My Own Words" Essay and Poetry Contest. The topic for the essay or poem is **"Surviving (Safety, Privacy and Security) and Thriving in Today's World."**

Fairfax County Public Library will distribute multiple awards in increments of \$100, \$50 and \$25.

Entries are due by September 5 at 5 p.m. For more information, visit <http://www.fairfaxcounty.gov/library/srp/forloveofcountry.pdf>.

September 9 and 12: FCPS Budget Task Force Public Meetings

Two meetings will be held to update residents on the Fairfax County Public Schools (FCPS) Budget Task Force. This Task Force is comprised of community representatives who are charged with identifying potential programs and services to reduce, eliminate, or redesign, beginning with the 2016-17 school year.

Meeting details:

Wednesday, September 9

7:00 p.m. to 9:00 p.m.
South Lakes High School
11400 South Lakes Drive
Reston

Saturday, September 12

10:00 a.m. to noon
Mount Vernon High School
8515 Old Mt. Vernon Road
Alexandria

After September, the public may offer suggestions and opinions online via the FCPS website, www.fcps.edu.

For more information visit www.fcps.edu.

September 10: VDOT Public Information Meeting on

Maintenance of 5 Bridges Over Dulles Toll Road

The Virginia Department of Transportation (VDOT) will host a Public Information Meeting for the "Dulles Toll Road Bridges Project." The project involves maintenance of five bridges over the Dulles Toll Road (Route 267) in Fairfax County.

In advance of the Silver Line Phase II project, the VDOT NOVA District initiated these simple bridge preventive maintenance projects with a primary objective of eliminating/closing the bridge deck joints above the proposed Silver Line Metro tracks. Future construction of the Dulles Metro tracks in the median of Route 267 will limit the access to the bridge piers. Limited access and on-going Metro operations would then greatly affect costs to maintain and repair the overhead bridges. This necessitates performing work now on the following bridges:

- **The Monroe Street/Van Buren Street Bridges (two separate bridges)** - 378-ft.-long, six-single-span, steel plate girder bridges.
- **The Herndon-Monroe Park and Ride Ramp bridge over Route 267** - 613-ft.-long, seven-single-span, steel plate girder bridge.
- **The Reston Parkway Bridges over Route 267 (two separate bridges)** - 385-ft.-long, six-simple-span, steel plate girder bridges.

Meeting details:

Thursday, September 10

6:30 p.m. to 8:30 p.m.

Herndon Middle School Cafeteria

901 Locust Street

Herndon

VDOT staff will be available to answer questions.

Review project details at www.virginiadot.org, at the information meeting, or during business hours at VDOT's Northern Virginia District Office at 4975 Alliance Drive, Fairfax, VA 22030. Please call 800-367-7623 or TTY/TDD 711 to ensure appropriate personnel are available to answer your questions.

Give your written or oral comments at the meeting, or submit them by September 21, 2015 to Vicente Valeza, Project Manager, at the VDOT District Office address above. You may also e-mail comments at any time to

meeting_comments@VDOT.Virginia.gov. Please reference "Dulles Toll Road Bridges" in the subject line.

September 12 through 25: Senior Olympics -- Something for Everyone!

The 2015 Senior Olympic Games will be held September 12 through 25 at venues throughout Northern Virginia.

You don't have to be a runner, high jumper, swimmer or tennis player to participate in the Northern Virginia Senior Olympics. Organizers say that many events such as scrabble, Mexican Train dominoes, yo-yo tricks, duplicate bridge, cribbage, horseshoes, and Wii bowling offer participants the opportunity to make new friends and compete for the gold.

Find out more by visiting www.nvso.us.

September 14: "Tech Translation" Team Coaching Great Falls Seniors on Technology

Learn more about smart phones, iPads, mobile apps and more at the September event of the Great Falls Senior Center. Reserve your spot and the "Tech Translation" team will coach you from beginner-level to expert-level understanding of the mobile technology world -- one step at a time. The Team will provide one-on-one assistance in a small group session and help you get the most out of your smart devices. Bring your questions and your devices.

Event details:

Monday, September 14
11:00 a.m. to 1:00 p.m.
Great Falls Library
9830 Georgetown Pike
Great Falls

Registration is required and space is limited. RSVP no later than September 1. For registration or questions, email GFSCTECH@GMAIL.COM.

September 15: Virginia Pesticide Disposal Program Collection Event

The Virginia Department of Agriculture and Consumer Services (VDACS) Pesticide Disposal Program allows participants to transport their unwanted agricultural and commercial pesticides to a central collection site where the hazardous waste disposal contractor will package the pesticides for eventual disposal. *The proper disposal of waste pesticides eliminates a potential threat to health and the environment.*

Acceptable for disposal:

Agricultural pesticides
Commercial Pesticides
Homeowner pesticides
Weed and Feed pesticide dilutions

Completion of a pre-registration form detailing pesticides for disposal is requested for all participants. The form is available at

<http://www.vdacs.virginia.gov/pesticides/pdf/files/disposalregistration.pdf>.

Fairfax County area collection event details:

Tuesday, September 15
From 9:00 a.m. to 1:00 p.m.
Merrifield Garden Center
12101 Lee Highway
Fairfax

If a participant cannot safely containerize the unwanted pesticides for transport, the disposal contractor will make arrangements to containerize the pesticides for transport.

Eligible participants are encouraged to contact the Fairfax County [Virginia Cooperative Extension](#) agent at (703) 324-5369 for additional information.

September 16, October 7: Virtual Career Fairs

for Job Seekers with Disabilities

Fairfax-Falls Church Community Services Board is holding several career fairs for job seekers with disabilities.

Job fair topics:

- **September 16:** [Businesses hiring for Healthcare, Accounting & Finance, and Administration/ Clerical positions](#)
- **October 7:** [Businesses hiring for a variety of open positions](#)

For more information, visit www.fairfaxcounty.gov/csb, email wwwcsb@fairfaxcounty.gov or call 703-324-7000, TTY 711.

September 18, 19, 20: AAUW Used Book Sale

The American Association of University Woman's annual book sale will take place September 18 through 20 at the McLean Community Center. Shop for a wide variety of used books, records, DVDs and CDs -- all sorted by category. Sale proceeds provide scholarships and fellowships for women.

Book sale details:

Friday, September 18, 9:00 a.m. to 7:00 p.m.
Saturday, September 19, 10:00 a.m. to 6:00 p.m.
Sunday, September 20, 12:00 p.m. to 4:00 p.m.
McLean Community Center
1234 Ingleside Avenue
McLean

On Sunday, most books are \$10 a bag. Credit cards will be accepted.

For more information, email aauwbookfair@gmail.com, call 703-527-4206 or visit McLean-va.aauw.net.

September 23: McLean Citizens Association Panel Discussion for

National Preparedness Month

September is National Preparedness Month. To encourage preparedness activities in the McLean area, on September 23, the McLean Citizens Association (MCA) is holding a program to showcase the Fairfax County Community Resilience Program's efforts to reach out to the entire community (residents, homeowner associations, citizens associations, parent-teacher associations, non-profit organizations, faith groups, community-based organizations and businesses) as community partners that are relied upon for day-to-day services, in times of disasters.

Event details:

Wednesday, September 23

7:00 p.m.

McLean Community Center

Community Rooms A, B and C

1234 Ingleside Avenue

McLean

Four panels will discuss the following topics:

- The Fairfax County Office of Emergency Management (OEM) welcomes the whole community (businesses, families, organizations, houses of worship and more) to learn the principles of emergency preparedness, including how to make an emergency kit, develop an emergency plan and stay informed during emergencies.
- Businesses, organizations and families will learn tips and tools for developing their own emergency plans and how to be ready to assist with countywide recovery after disasters.
- The Community Resiliency Groups (CRG), what Community Based Organizations are part of it, and how this will benefit the community in times of disasters.
- How Volunteer Fairfax will interact with the CRG in times of disasters.

The program panel topics have been developed in collaboration with the Fairfax County Office of Emergency Management (OEM), and Volunteer Fairfax. This will be the third consecutive National Preparedness Month Program planned and produced by the MCA.

September 24: VDOT Holding Public Information Meeting on Project to Widen Route 7 Between Jarrett Valley Drive and Reston Avenue

Virginia Department of Transportation (VDOT) will be holding a public information meeting to review the ongoing project to widen Route 7 between Jarrett Valley Drive and Reston Avenue. Attend to view current project schedule, plans, and displays and discuss your questions with VDOT experts. VDOT will be sending out a postcard invitation for residents along the Route 7 corridor. Please look for it in the mail in the next couple of weeks.

This project is currently in its preliminary design phase, with detailed design, land acquisition and construction taking place in two segments:

- Phase I: Jarrett Valley Drive to 500 feet east of Colvin Forest Drive (construction scheduled for January 2021)
- Phase II: 500 feet east of Colvin Forest Drive to Reston Avenue (construction scheduled for January 2022)

Meeting details:

Thursday, September 24
Utterback Store Road
Great Falls

For more information, please visit the project website at vdot.virginia.gov/projects/northernvirginia/route_7_widening_-_reston_ave_to_dtr.asp.

September 27: Falls Church-McLean Children's Center's 3rd Annual Fun Fair and Teddy Bear 5K & 1K Walk/Run

The Falls Church-McLean Children's Center will hold its 3rd Annual Fun Fair and Teddy Bear 5K and 1K Walk/Run on September 27. The Fun Fair will include games for children, puppet shows, soccer tips and training, and more. This year's race course will run through the Pimmit Hills neighborhood and parks. All runners will receive a teddy bear when they cross the finish line. This race benefits the nonprofit early childhood education program at the Falls Church-McLean Children's Center.

Event details:

Saturday, September 27
Fun Fair begins at 2:00 p.m.
Run/Walk begins at 4:00 p.m.
Falls Church-McLean Children's Center
Lemon Road Elementary School
7230 Idylwood Road
Falls Church

Register to walk or run at www.RunSignUp.com/TeddyBear5K. For more information, go to the Children's Center website, www.fcmlcc.org or call 703-534-4907.

September 27: NatureFest at Runnymede Park

Don't miss NatureFest 2015 at Runnymede Park on September 27. Explore nature stations throughout the park including butterflies, bees, life in the meadow, web of life, and much more. Live animal shows will be held throughout the day. Attend this free event and enjoy arts and crafts and fun for the whole family.

Sunday, September 27
from 1:00 p.m. to 5:00 p.m.
Runnymede Park
195 Herndon Parkway
Herndon

Satellite parking with a passenger van shuttle will be available to and from the Herndon Police Station, 397 Herndon Parkway.

This event is free and co-sponsored by The Friends of Runnymede Park and Herndon Parks and Recreation Department. If your group would like to volunteer at NatureFest, call 703-435-6800 x2014.

October 3 and 4: Book Sale to Benefit the Tysons-Pimmit Regional Library

The Friends of the Tysons-Pimmit Regional Library is holding a book sale to benefit the Tysons-Pimmit Regional Library on October 3 and 4. Choose from a large selection of books, magazines, DVDs and other media for all ages.

Event details:

Saturday, October 3, 10:00 a.m. to 4:00 p.m.

Tysons-Pimmit Regional Library

7584 Leesburg Pike

Falls Church

(Bag Sale/Clearance will be on Sunday, October 4, from 1:00 p.m. to 4:00 p.m.)

The library is also accepting donated media.

For more information email TysonsLibraryFriends@gmail.com or call 703-790-4031.

October 13: Future Innovation Center Station (North) Informational Meeting

The Dulles Corridor Metrorail Project, in coordination with Supervisor Foust's office and Fairfax County Department of Transportation, will be holding an informational meeting on the future Innovation Center Station. The meeting will not only provide you information on the entire Silver Line Phase 2 project, but will focus on construction of the Innovation Center Station and the associated Project improvements for the north side of the station. Project leaders will be on hand to answer questions.

Event details:

Saturday, October 3, 7:00 p.m.

Herndon Middle School

901 Locust St

Herndon, VA 20170

ANNOUNCEMENTS

Free Student Bus Pass Pilot Program Available to Fairfax County High School and Middle School Students

The Fairfax County Department of Transportation (FCDOT) has announced the **Free Student Bus Pass Pilot Program**, allowing high school and middle school students to access the bus with no charge on weekdays between 6:00 a.m. and 8:00 p.m. The program is being internally promoted within the Fairfax County Public Schools (FCPS) with assistance from FCDOT. The goal of the program is to benefit students needing access provided through public transit, while encouraging increased student and youth ridership on public transit services in Fairfax County.

Fairfax Connector Student Bus Pass Pilot Program details:

- The permits are being made available to High School and Middle School Students attending Fairfax County Public Schools.
- The free student bus pass permits the student to ride Fairfax Connector for free from 6:00 a.m. to 8:00 p.m., Monday through Friday.
- The students need to contact their school to sign up; parental/guardian consent is required for this program.

Key points for students to know when boarding a Connector bus:

- Have student pass out and ready to show the driver when boarding the bus.
- The Free Student Pass will only work on Fairfax Connector. If switching to Metro or another bus system, rider will need cash or a SmarTrip® card.
- The pass works Monday through Friday ONLY from 6:00 a.m. to 8:00 p.m. Other times rider will need cash or a SmarTrip® card.
- It's important to be kind to other riders, especially those with special needs. There are seats designed just for them so avoid sitting there.
- If you get lost or turned around, the Fairfax Connector drivers are great! Just tell them you need help and they will help you.

Fairfax County is pleased to provide flexible transportation options for the families in our County and to inform its youngest residents (and future workforce) of the benefits of public transit. The County wants parents to know that the students in this program are safe and connected - all the way to where they want to be! Surfing the net and texting is fine on the bus! And while riding the bus, the youth will also help the environment by reducing their carbon footprint.

For more information, view the video: "Elizabeth's journey on the Connector"
<http://youtu.be/zaFYZsCDgmA>.

Herndon Village Network Drivers Needed and Board Meeting on September 14

Volunteer Drivers needed to help seniors live independently.
Herndon Village Network (HVN) has partnered with NVRides to offer rides to 55+ non-driving senior residents of Herndon 20170.
To volunteer or for more information, please visit
www.HerndonVillageNetwork.org, email: herndonvillagenetworkinfo@gmail.com,
or call 703-375-9439

Volunteers are welcome to attend the next Board Meeting on
Monday, September 14 from 6:30 p.m. to 7:30 p.m.
Herndon Senior Center
873 Grace Street #1
Herndon, VA 20170

Survey of Aircraft Noise in McLean by McLean Citizens Association *Responses due by September 30*

The McLean Citizens Association Transportation Committee is planning a public meeting with the Metropolitan Washington Airports Authority (MWAA), concerning the impact of aircraft noise on McLean residents. In advance of this meeting, the Committee is conducting an online survey to gather information and data to assess the impacts of aircraft noise on the community.

To complete the survey, McLean residents are asked to visit <http://goo.gl/forms/3CH8UHPNg7>.

For more information, please contact Animesh Gupta at indoraj@gmail.com.

Community Emergency Response Team Courses Offered for Fall 2015

The Community Emergency Response Team program (CERT) teaches emergency preparedness and disaster response skills to regular people, so that they can safely help themselves, their families, and their neighborhoods during major emergencies where first responders may be delayed. CERT is taught by experienced instructors from the Fairfax County Fire and Rescue Department and CERT volunteer instructors. The free training combines 25 hours of classroom learning with hands-on training. Students will receive CERT disaster response gear at no charge. At the end of training, students put all their new skills to use responding to a simulated disaster in a realistic, half-day field training exercise. Students must attend all classes to get a certificate.

CERT class registration is now open for September, October and November training opportunities. You are eligible to participate if you are 18 years or older and live, work, worship, or spend significant time in Fairfax County. Students of all abilities are welcome.

Sign up now at <http://www.fairfaxcountycert.org/p/about-fairfax-county-cert-training.html>. Space is limited!

For class locations, schedules and other information, please visit <http://www.fairfaxcountycert.gov> or email training@fairfaxcountycert.org. Community leaders can inquire about CERT Training for your community group.

Register for CERT in McLean Through the MCC Program Guide

A McLean-located CERT course is now listed in the Fall 2015 McLean Community Center (MCC) Program Guide, mailed to homes in August.

The course is free, consisting of 7 classes that will be held on Tuesdays September 2 through November 3, 7:00 p.m. to 9:30 p.m. in the Old Firehouse Teen Center, located at 1440 Chain Bridge Road (next to the Giant Shopping Center).

Four Easy Ways to Register:

- **Online** on the MCC Website. www.mcleancenter.org
- **By Mail**

Mail in a completed registration form to: McLean Community Center, Attention: Register, 1234 Ingleside Avenue, McLean VA 22101.

- **In Person/Drop Off**

You may register at the Center Monday through Friday from 9 a.m. to 5 p.m. At other times, drop off a completed registration form in the Registration Box located in the lobby adjacent to the reception desk.

- **Fax** Completed forms may be faxed to: 703-556-0547

For more information please call the McLean Community Center at 703-790-0123.

Citizen's Police Academy Announces Dates for Spring and Fall 2016 Sessions

If you are interested in learning more about local law enforcement, the Citizen's Police Academy can help. The Academy is designed to give participants a glimpse behind the badge and to provide information about training, policies, and the many units and divisions within the Fairfax County Police Department.

The Citizen's Police Academy is now accepting applications for the Spring 2016 session that will meet from March 10 to May 14, 2016 and for the Fall 2016 session that will meet from September 15 to November 19, 2016.

Requirements

- Must be at least 18 years of age
- Live or work in Fairfax County
- Must clear a review of your criminal record and police contact history prior to acceptance
- Provide your own transportation

This program is not an accredited certification course to become a sworn police officer.

For more information, please visit

<http://www.fairfaxcounty.gov/police/services/citizens-police-academy.htm>, call (703) 280-0713 or e-mail CPA@fairfaxcounty.gov.

Help Make a Difference for Those Who Need it Most!

Fairfax County administers a competitive countywide grant program that provides limited funding for programs and services that fill critical human services needs among the most vulnerable populations.

The County seeks community volunteers willing to participate on the grant program's Selection Advisory Committee. This committee will review and provide recommendations on how to distribute funds among the many applicants from across the county.

The review period for FY 2017-2018 applicants runs from January through March 2016.

Orientation sessions will be held for committee members.

If you are interested in learning more about this critical volunteer opportunity, please contact Alice Morris, Department of Administration for Human Services at alice.morris@fairfaxcounty.gov, or Michelle Brizzi, Department of Administration for Human Services, at michelle.brizzi@fairfaxcounty.gov.

For more information, visit www.fairfaxcounty.gov/ccfp.

Citizens Fire & Rescue Academy

The Fairfax County Citizens Fire & Rescue Academy provides citizens an overview of the services that Fairfax County Fire and Rescue Department provides, increases fire and life safety awareness, and promotes the customer service aspect of the department. Interested residents can learn about the around the clock services provided by uniformed and civilian employees and how the fire department is organized and operates. All of the classes are taught by fire department personnel.

The Citizens Fire & Rescue Academy (CFRA) is open to persons 18 and older who live in Fairfax County. Classes meet Thursday evenings for nine consecutive weeks.

At each session, participants learn about a different aspect of the fire department. Topics include:

- fire suppression
- emergency medical services
- hiring and training firefighters
- special rescue operations

Participants will also spend time at fire stations, the training academy, Public Safety Headquarters, and at the 911 dispatch center. The Citizens Fire & Rescue Academy is a vehicle that provides an overview of and in-depth look at the Fairfax County Fire & Rescue Department. It is not intended to train participants as firefighters/EMTs or assist in an emergency situation.

For more information please contact Captain II Willie Bailey, Personnel Services Bureau, 703-246-3575 or via email at fire.CFRA@fairfaxcounty.gov.

Express Lanes Community Grant Program

Transurban, operator of the 495 and 95 Express Lanes, is providing local organizations an opportunity to apply for grant funding for projects that improve our community. Transurban's Express Lanes Community Grant Program supports organizations that sustain, enhance or protect the local environment and communities. You are encouraged to see if your local organization is eligible by learning more in the complete Express Lanes Community Grant Program Overview and Guidelines, found at

<https://www.expresslanes.com/uploads/Express%20Lanes%20Grant%20Program%20Overview%20and%20Guidelines%20FINAL.pdf>.

Remaining 2015 grant application deadlines are:

- September 30
- December 31

To apply for a grant, please complete the online application at <https://www.expresslanes.com/grant-application>.

For questions about the Express Lanes Community Grant Program, please contact Christine Manley at CManley@transurban.com.

Volunteers Opportunities and Events at County Division of Adult and Aging Services

Meaningful volunteer opportunities are available to improve the lives of older adults and adults with disabilities in Fairfax County. Below is a small sample of volunteer opportunities available in the Dranesville district. For a complete list visit <http://fairfaxcounty.gov/olderadults> and follow the link to "Volunteer Solutions".

- **Meals on Wheels** needs coordinators, co-coordinators, and substitute drivers for routes throughout the county.
- **The Lewinsville Senior Center** in McLean needs a Spanish-speaking social companion and instructors for the following classes: Line Dance, Zumba Gold, Certified Arthritis Exercise, Square Dance, Basic Guitar, Art and Basic Spanish.
- **The Herndon Adult Day Health Care Center** needs a Piano Player to play classical music or music from the 1960s and before.
- Fairfax County needs **volunteers to drive older adults** to medical appointments and wellness programs.
- **Respite Care volunteers** give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided.

To volunteer, please complete an online registration form at <http://www.fairfaxcounty.gov/dfs/volunteer/VolReg/VolunteerRegistration.aspx>. Fo

For more information please call 703-324-5406, TTY 711, email VolunteerSolutions@FairfaxCounty.gov.

Informative Video and Audio

[Channel 16's Mature Living: the Creative Aging Festival](#)

[Fairfax 50+ Podcast: The New NV Rides Program for Older Adults](#)

Upcoming Events

- Fairfax County's Independent Living Project helps older adults remain safely in their homes. Each session has an informative presentation and a gentle exercise program that focuses on fall prevention. The next series takes place on Thursdays, September 10 through October 29, 10:00 a.m. to 12:00 p.m. at the Antioch Baptist Church, 6531 Little Ox Road, Fairfax Station. Call 703-324-7210, TTY 711 or go to www.fairfaxcounty.gov/dfs/olderadultservices/independent.htm to register for this free program.
- Fairfax County's free Family Caregiver Telephone Support Group meets by phone on Tuesday, September 8 from 7:00 p.m. to 8:00 p.m. The group will discuss transportation options. Register beforehand at www.fairfaxcounty.gov/dfs/olderadultservices/caregiver.htm and click on Telephone Caregiver Support Group. Call 703-324-5484, TTY 711.
- Fairfax County is offering a free Medicare 101 presentation on Monday, September 28, from 7:30 p.m. to 8:30 p.m. at the Centreville Baptist Church, 15100 Lee Hwy., Centreville. To register, call Thomas Blair at 703-830-2150, TTY 711. Visit www.fairfaxcounty.gov/dfs/olderadultservices/vicap.htm.

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For information, call the Dranesville District office at 703-356-0551, TTY 711.

If you would like your community announcement included in Dranesville Happenings please send an email to Dranesville@FairfaxCounty.gov.

